

MOM Pasta w/Garden Veg

Nutrition Facts

1 servings per container

Serving size 1 Pouch (283g)

Amount Per Serving

Calories **240**

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 530mg **23%**

Total Carbohydrate 40g **15%**

Dietary Fiber 4g **14%**

Total Sugars 7g

Includes 1g Added Sugars **2%**

Protein 8g

Vitamin D 0mcg **0%**

Calcium 110mg **8%**

Iron 2.4mg **10%**

Potassium 510mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.